

The concepts of hauora (physical, mental, social and spiritual wellbeing) have been embedded within Potentia for years, something our team knows and loves about us. While in the past, contractors haven't always received this sort of care from recruiters, we think it's time that you get a little more from your relationship with us.

#### Like one of our own...

As a contractor, you're a part of our extended whānau, so why shouldn't you benefit from the same things our own people do? Keeping with that hauora-focused theme, ALL Potentia contractors have access to Te Aka Painga, our contractor wellbeing offering.

## Wellbeing Discovery Sessions

Completely self-managed, our drop in wellbeing discovery sessions are all about helping you be your best self in the workplace — without sacrificing your mental health. Simply book in a 30-minute slot with our inhouse wellbeing expert, Gayle Johnson, as and when you need support (these sessions are held over the phone).

# Community Management

To streamline your whole experience from start to finish, you'll have our dedicated community management team. From timesheet approvals and extensions to all those random queries, this team will be your go-to for anything you might need while you are on contract with Potentia.

### \$500 Health Contribution

GP appointments. Dental work. Prescriptions. Physio. The list goes on. We want to do our part in keeping you moving, so you'll receive an annual \$500 health contribution that can be tapped into at any time throughout your contract – 100% covered by Potentia. This one is all managed by our partners at HealthNow.

### Birthday Gift

Everyone loves a little something on their birthday (don't try and deny it!). When you open up your inbox on the morning of your birthday, you might just find a little surprise from the Potentia whānau...a small thank you for all your efforts while on contract through us!

Want to learn more?

Feel free to reach out to your account manager or our operations team for a full rundown of Te Aka Painga.